



## Sky House Herbal Apprenticeship Program Year One



2016 Program Schedule

### Class Schedule: Unit One and Unit Two

Dates: Wednesdays, May 24, 2017 – August 16, 2017

Time: 7:00 – 9:30 pm EST

Classes are online unless otherwise specified.

#### **COURSE INTRODUCTION**

- Wednesday May 24 Welcome & Herbal Orientation (IN STUDIO)
- Saturday, May 27 Optional Medicinal Herb Walk 1:00 – 3:00 pm, \$10  
Rachel Carson Greenway  
10700 Colesville Rd, Silver Spring MD (next to the Burnt Mills Dam)

#### **UNIT ONE: HISTORY AND STUDY OF HERBAL MEDICINE**

- Wednesday, May 31 BREAK (June 2-4 Herbal Retreat: see website for details)
- 1.1 Wednesday, June 7 Solar and Lunar Cycles, History of Herbalism, and Modern Implications
- 1.2 Wednesday, June 14 The Green Tongue: Definitions, Actions, and Ways of Knowing Plants

#### **UNIT TWO: PLANT IDENTIFICATION, WILDCRAFTING, AND GROWING HERBS**

- 2.1 Wednesday, June 21 Wednesday Introduction to Botany\*
- 2.2 Wednesday, June 28 Parsley, Rose, & Mint Families
- Wednesday, July 5 BREAK
- 2.3 Wednesday, July 12 Mustard, Mallow, & Pea Families
- 2.4 Wednesday, July 19 Lily & Aster Families and Medicinal Trees \*
- Wednesday, July 26 BREAK
- 2.5 Wednesday, Aug 2 Nightshade, Onion, and Ruta Families
- 2.6 Wednesday, Aug 9 Foraging and Ethics
- 2.7 Wednesday, Aug 16 Gardening with the Sun and Moon \* (EXAM ONE DUE)

\*Classes with asterisks indicate plant diet, homework, and journal sharing in class. Please be prepared to share.